

6 Practice Reveals Perfection: Tricks that Change the Game

A version of the Flatland game is being played on earth today. Those of us who live in the 3-dimensional reality of the earth face a challenge similar to that of the Flatlanders. It is difficult for us to imagine anything real beyond our own material world. If we are to explore the spiritual world we will have to learn new ways to think about what is real. Energy follows thought. Energy will be directed toward our thoughts, our words, the pictures we create in our minds or on paper, and the music we sing. Because energy follows thought, we have the opportunity to re-

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In order to achieve this re-direction, it is helpful to use techniques, or "tricks," to form new pathways for our energy to flow upon. One trick I am using now is to visualize "me" as being more than the circle, or disk, formed by the intersection of my sphere and a plane, as in Flatland. The "me" that I understand and identify with most of the time is just this flat circle, and the space inside the circle. The trick is then to visualize the whole sphere of Me that is beyond the circle. I create a mental picture of that sphere which glows with light, with love, and interconnects with all other light-spheres. I think: "This perfect light-sphere is the real Me. I am not just the limited flat shape that I identify with in the physical world". I say this out loud when appropriate. When I go through this exercise, my thoughts, visualizations, and spoken words cause energy to seek out that bigger Me.

With this simple patterning exercise, I can turn my mind away from the limitations of ego to the unbounded divinity of my True Self. I use this exercise whenever I feel I am

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not acting from Love. You might have a different visualization with more meaning for you than my sphere and plane. Fine. After all, I was a geometry teacher! The purpose is to use our creative abilities to construct new pathways for our energy of awareness to travel, whatever "trick" we choose. If you state your intention to find the Love that is you, for the highest good of all, then this Love will become more and more real to you with the practice you choose.

We say that "practice makes perfect." I think a more accurate statement would be "practice reveals perfection." I believe increased creative energy is now being sent to earth, which is why I have so much hope that our loving intentions, however hesitant, will produce magnificent results here on earth. Practice will reveal our perfection.

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Try some experimenting yourself. When you start getting angry with someone, stop and visualize yourself as your light-sphere, not just a flat circle, triangle, square, or pentagon. Or, when someone is angry at you, visualize them as their light-sphere, not the flat shape that berates your flat shape.

Try this and the anger may dissipate in a few seconds. In conjunction with the visualizing, try saying out loud each morning and evening your intention to have every loving resource made available to you, so that you can fulfill your part in the awakening of everyone. If you feel that you can be more specific, then say out loud what it is that you want your True Self to bring you today. For example, you may state that it is your intention to meet someone who you feel you can talk to about your inner search. Just say it! Don't waste time wondering if you'll meet the person. Your "flat shape" perception of where you'll find that person may create an energy barrier that prevents your "sphere" reality from acting. Just remember that you made the request, and expect results. The person will show up sometime soon.

Working with Spirit need not be mysterious or complicated. The Flatlanders made the simple relationship between a sphere and an intersecting plane into an elaborate mish-mash of rules that emphasized separation and limitation. In reality, there is no separation or limitation. The rules we have made about people being powerless, evil, competitive, hi-

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erarchical, greedy, fearful, and “only human,” are not real either. These imaginary rules cannot control us unless we choose to let them. They have no power over our True Selves. Just as the Flatlander’s true spheres remained intact and unchanged during the game, so do our True Selves remain intact and unchanged during this altered earth drama.

Flatlanders had a hard time coming out of their game because they were powerful creators who made a convincing game. Some got very discouraged when they tried to direct their thoughts outside the game to something larger, but at other times they found they could help each other by sending thoughts of encouragement throughout the whole of Flatland. They directed light energy to every part of Flatland, a light which revealed the light in the heart of each Flatlander, and in nature itself. We can do the same thing on earth. We can visualize light, or love if you wish, moving throughout the whole earth and joining with the light in each person’s heart.

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There was an old song in Flatland that sustained many people throughout the game. The first line was, “There will be joy in Flat-

land, one of these days, one of these days." That song turned out to be true for Flatland, and it will be true for us as well. Energy follows thought. If we keep singing with hope, thinking with love, visualizing with light, and seeing only peace in each other's hearts, perfection will be remembered throughout the earth as it was in Flatland.

